

Newsletter

Summer/Fall Issue

2026



Letter from the Editor

As we begin another academic year together, I extend a warm welcome to our newest members and students and my gratitude to the faculty, supervisors, alumni, and volunteers whose commitment continues to make CAPA flourish.

This issue recognizes several exciting transitions within our educational programs. We welcome our new Basic Training students in Class S and congratulate those moving into Advanced and Supervision Training. We also celebrate alumni who have entered or completed analytic institute training, marking another important step in the development of psychoanalytic leadership within our growing international community. Their accomplishments remind us that learning is not simply the acquisition of knowledge, but an ongoing process of professional and personal transformation.

We also look toward the future with information about the Call for Papers for the 2027 CIC Conference (page 3), an opportunity for members to contribute to the expanding body of psychoanalytic scholarship.

I would also like to invite our readers to engage with Psychotherapy and Psychoanalysis in China. As Co-Editor, and soon to be Editor-in-Chief, I believe the journal plays a unique role in fostering scholarly exchange between Eastern and Western psychoanalytic traditions. We welcome original research, clinical case studies, theoretical papers, interdisciplinary scholarship, and reviews that advance psychoanalytic thinking. Whether as readers, reviewers, or authors, I encourage every member of the CAPA community to participate in this shared intellectual endeavor as we continue building a vibrant international literature together.

Thank you for your continued commitment to CAPA. I wish you an inspiring and successful year filled with learning, collaboration, and discovery.



Karyne E. Messina, Ed.D.
Editor of the
CAPA Newsletter



Wishing Everyone a Happy 2026-27 Academic Year
Welcome to our new and returning students and members, and congratulations to our graduates!
Dwight McCan, Ph.D., President

Table of Contents

CAPA Announcements	page #2	page #5-7	Who Are We?
CAPA Events	page #3	pages #8	Congratulations!
Save the Date & Spread the Word	page #4	page #9	Board, Staff, and Committees

MEMBER ACTIVITIES

Title: Introduction to Relational Psychoanalysis: Theory and Technique

Presenter: Karen Weisbard, Psy.D.

Date & Time: October 24, 2026 from 13:00-16:00

Location: Beijing (in-person) with Sichuang Heguang Clinical Psychology Institute

EMAIL Azalea.long@outlook.com to learn more and register.

Title: Analytical Psychodrama: An Integrative Approach

Presenter: Arseny Tarabanov, Ph.D.

Date & Time: 6 sessions beginning Saturday, November 21, 2026 at 11:00 AM Eastern (NY time)

Location: Online

CLICK HERE to learn more, view all session dates, and register before November 1st.

Title: Neuropsychoanalysis and the Arts

Presenter: Arseny Tarabanov, Ph.D.

Date & Time: Saturday, October 17, 2026 9:00 AM-1:00 PM Eastern (NY time)

Location: Online

CLICK HERE to learn more and register.

RECENT MEMBER PUBLICATIONS

For a full list of member publications **CLICK HERE** to visit our website.

Title: Ferite precoci e architecture dell'io (Early Wounds and the Architecture of the Self)

Author: Giovanna Tatti

Published: 2026, Franco Angeli Editore

CLICK HERE to order the book.

Title: Beyond Sadness

Author: Cassandra Klyman, M.D.

Published: 2026

CLICK HERE to order the book.

Title: The (Mis)-Uses of Holocaust Memory: The United States, Israel, and Palestine

Author: Judith M Hughes, Ph.D.

Published: Free Associations: Psychoanalysis and Culture, Media, Groups, Politics Number 97 (2026): 60-72

CLICK HERE to read the article.

Title: Knowledge, relationship, and innovation: artificial intelligence in clinical and psychoanalytic practice

Authors: Giovanna Tatti and Elena Massardi

Published: Ricerca Psicoanalitica | pISSN 1827-4625 | Year XXXVII, n. 1, 2026 doi:10.4081/rp.2026.1101

CLICK HERE to read the article.



UPCOMING EVENTS

ATTEND in PERSON!

[CLICK HERE](#) to learn more about the conference.

Shenzhen, China
September 3-5, 2027



CALL for PAPERS!

[CLICK HERE](#) for important details on how to submit a presentation.

The submission deadline is
November 30, 2026.

Special Lecture Series 2026-27

Keep checking the websites ([STUDENTS](#) or [MEMBERS](#)) for updates on newly added Special Lecture Series events.

Title: A Bionian Approach to Listening to Your Patient and "Learning from Experience": A Clinical Case Conference

Presenter: Glenn Mowbray, Psy.D.

US Seminar Dates and Times: Friday, September 18, 2026, 9:00pm - 10:30pm Eastern (NY time)

China Seminar Dates and Times: Saturday, September 19, 2026, (09:00 - 10:30)

Prerequisites: Open to currently enrolled CAPA students and CAPA graduates

Course size: Open enrollment

[CLICK HERE](#) for more information and to sign up.

Title: Nightmares and Acute Trauma

Presenter: Gregory C. Mahr, M.D.

US Seminar Dates and Times: Friday, October 16, 2026, 9:00am - 10:30am Eastern (NY time)

China Seminar Dates and Times: Friday, October 16, 2026, 21:00 - 22:30

Prerequisites: Open to all CAPA members, students, graduates, and the public

Course size: Open enrollment

[CLICK HERE](#) for more information and to sign up.

Title: The Element of Time in Psychotherapy

Presenter: Gerald P. Perman, M.D.

US Seminar Dates and Times: Friday, October 30, 2026, 7:00pm - 9:30pm Eastern (NY time)

China Seminar Dates and Times: Saturday, October 31, 2026, 07:00 - 09:30

Prerequisites: Open to all CAPA members, students, graduates and the public

Course size: Open enrollment

[CLICK HERE](#) for more information and to sign up.

Title: Emotional Pain's Hidden Architecture: The Psyche-Brain-Body Continuum in Light of the 5 Biological Laws

Presenter: Professor Diana Medina

US Seminar Dates and Times: Fridays November 6 and November 13, 2026, 9:00am - 11:00am Eastern (NY time)

China Seminar Dates and Times: Fridays November 6 and November 13, 2026, 22:00 - 00:00

Prerequisites: Open to all CAPA members, students, graduates, and the public

Course size: Open enrollment

[CLICK HERE](#) for more information and to sign up.

Movie Club 2026 Continues...

There is one more film and discussion date for CAPA's 2026 Movie Club, chaired by Neal Spira, M.D. and Jacky Song. Watch the film independently and then join our cross-cultural discussion. Members, students, and graduates are all invited to be part of Movie Club. We request that you RSVP to the discussion(s) in which you'd like to take part.

[CLICK HERE](#) to learn more, watch trailers and sign up to attend the discussion(s).



IKIRU (1952)

USA Discussion Date: Saturday, October 24, 2026, 9:00 PM-10:30 PM (Eastern/NY Time)

CHINA Discussion Date: Sunday, October 25, 2026, 9:00 AM-10:30 AM (09:00 - 10:30 Beijing Time)

Save the Date & Spread the Word

JOIN CAPA AT OUR...

VIRTUAL OPEN HOUSE

Thursday, October 29, 2026 at 8:00pm Eastern (NY time)
Friday, October 30, 2026 at 08:00 (China time)

Anyone considering training with CAPA is welcome to join us. Students, teachers, and supervisors will talk about what CAPA's training has given them and how it has changed their work with patients. Details and the RSVP form to follow.



PLEASE SHARE THE OPEN HOUSE INFORMATION
WITH COLLEAGUES!

Who Are We?

Catching Up With Our Members, Students and Graduates

Enjoy learning more about colleagues who make CAPA special!

Member Interview

Ping Sun (孙平), Ph.D.

Ping Sun, Ph.D. has been a CAPA member since 2025. He is a CAPA teacher and a member of the Admissions Committee.



Where do you live and practice?

Los Angeles, CA, USA and Kunming, Yunnan Province, China

Describe your current work and/or type of practice, or if retired, describe the work you used to do.

I am a California-licensed Research Psychoanalyst (RP309) with a bilingual private psychoanalytic practice in English and Mandarin. My work is grounded in contemporary psychoanalysis, with a particular focus on self psychology, relational psychoanalysis, and intersubjective approaches. I work primarily with adults and teenagers around issues of identity, self-experience, relationships, trauma, and life transitions. I am also involved in psychoanalytic education, teaching, writing, and presentations, with special interests in Kohut's Self Psychology, Existential Psychoanalysis (Daseinsanalysis), and integrating psychoanalytic perspectives with existential and humanistic traditions.

Please describe your career path, including your educational development such as additional degrees or institutes you attended as you built your career.

My career path has developed through a sustained engagement with psychology, existential thought, and contemporary psychoanalysis across both Eastern and Western intellectual traditions.

I received my Ph.D. in psychology from Nanjing Normal University in China in 2015. My early academic work focused on existential psychology and the fundamental question of human existence, including the relationship between suffering, freedom, meaning, and personal transformation. I also conducted extensive research on Daseinsanalysis, particularly the work of Medard Boss, which resulted in my monograph *From Psychoanalysis to Daseinsanalysis: Research on Medard Boss* (Fujian Education Press, 2011).

After completing my doctoral training, I continued my academic development in the United States as a visiting scholar and later postdoctoral researcher at UCLA (2016–2021). During this period, I expanded my interdisciplinary understanding of psychoanalysis, social sciences, and theories of human subjectivity. I contributed to the *Routledge Handbook of Psychoanalysis in the Social Sciences and Humanities* and increasingly focused my work on contemporary psychoanalytic theories and clinical applications.

My psychoanalytic training developed through two major Los Angeles psychoanalytic institutes. I trained at the New Center for Psychoanalysis (NCP) for six years, and subsequently continued my training at the Institute of Contemporary Psychoanalysis (ICPLA), where I completed my psychoanalytic education and graduated. I am currently a Fellow of the International Psychoanalytical Association (FIPA) and a dual member of both NCP and ICPLA.

My clinical orientation is primarily informed by self psychology, relational psychoanalysis, and contemporary psychoanalytic approaches. I have maintained a strong interest in Heinz Kohut's self psychology and currently teach self psychology at NCP. My clinical and scholarly work focuses particularly on self-experience, identity, relationality, trauma, and the process of psychological growth.

I am currently a California Research Psychoanalyst (RP309) and maintain bilingual psychoanalytic practices in both Los Angeles and Kunming, China. My work bridges different cultural contexts, with particular interest in cross-cultural psychoanalysis and the psychological experiences of individuals navigating multiple cultural identities. Throughout my career, my central commitment has been to understand and support human subjectivity and existence: how individuals develop a cohesive sense of self, establish meaningful relationships, and fulfill their existential potentialities for creativity, growth, and transformation.

Who would you say is the person that influenced your career the most, and how so?

The person who has influenced my career the most is Joseph Natterson, who was my first control case supervisor at the New Center for Psychoanalysis (NCP). Joe and I worked together for more than 210 supervision sessions over several years, until his passing at the age of 100 during the COVID-19 pandemic. This long and profound supervisory relationship had a transformative influence on my development as a psychoanalyst. Beyond teaching me clinical understanding and psychoanalytic thinking, Joe offered me an experience of what it means to become an analyst through a genuine human relationship. One of Joe's most influential contributions to my thinking was his concept of the "loving self." This idea deeply resonated with my own cultural and philosophical background, especially my lifelong engagement with Confucian thought. I found a profound connection between Joe's vision of a loving, compassionate self and the Confucian ideal of the cultivated person - the "junzi" (君子), a person whose character is expressed through benevolence, integrity, humility, and care for others.

What impacted me most was not only Joe's theoretical contribution, but the way he embodied his own ideas. Through his warmth, generosity, curiosity, and profound respect for another person's subjectivity, Joe demonstrated the qualities of what I would describe as a "junzi" personality. His way of being with me became a living example of psychoanalysis as a deeply human encounter.

Joe taught me that psychoanalytic work is not only about interpreting the unconscious or applying theories; it is also about becoming a person who can offer another human being a reliable, empathic, and loving presence. His influence continues to shape my clinical practice, my teaching, and my understanding of what it means to be a psychoanalyst.

Who Are We? - Continued

How did you first hear of CAPA, and please describe why you feel a connection to CAPA's mission?

I first learned about CAPA before I came to the United States in 2016. After moving to the US, I attended many APsA National Meetings, and I participated in CAPA's discussion groups during these conferences. Through these experiences, I gradually developed a deeper appreciation for CAPA's mission and its commitment to bringing psychoanalytic understanding and training to Chinese mental health professionals. I was also fortunate to get to know people involved in CAPA, including its founder Dr. Elise Snyder, and I was deeply inspired by their passion and dedication to the development of psychoanalysis in China. I also have colleagues from NCP who teach in CAPA, and through our professional relationships and friendships, I developed a sense of connection and belonging with the CAPA community even before formally joining this family. And I have to say, my own life experience has strengthened this connection. As an immigrant who has lived, studied, and practiced in the United States for more than ten years, I have personally experienced the challenges and struggles of navigating between cultures. At the same time, I deeply value American culture and the opportunities this country has given me. However, I also remain deeply connected to Chinese traditions, especially Confucianism, Daoism, and Buddhism. Because of my own bicultural journey, I feel strongly committed to supporting the mental health and psychological development of Chinese people, both in China and in overseas communities. I hope to contribute to a truly integrative psychoanalysis, one that respects the richness of Western psychoanalytic traditions while also engaging deeply with Chinese traditional wisdom and current lived experience.

Please add anything else about yourself that you want the people in CAPA to know about you. You can also use this space to include a description of the image you uploaded.

Between China and the United States, there have always been many moments of friendship, cooperation, and mutual understanding, but also moments of misunderstanding and even disagreement.

I deeply love both countries, and I hope that my work with CAPA can embody this love, and my commitment to building greater understanding and connection between these two great countries.

Student Interview

YU Liangming (Ming)

余良明

YU Liangming (Ming) 余良明 began CAPA in 2022 (Class O) and graduated Advanced Training in 2026. He is currently enrolled in CAPA's Supervision Training program.



Where do you live and practice?

Chengdu

Describe your current work and/or type of practice.

I see outpatients as a psychiatrist in a clinic and practice psychotherapy from my own studio.

In three words (ways), can you describe your experience at CAPA so far?

Immersing, multidimensional, tiring

What has helped your practice the most since you began training at CAPA?

There are so many aspects. I internalized my analyst and supervisors; I learned from different teachers about how to interpret dreams and address resistance; and I had a glimpse of an aesthetic perspective towards our work. Maybe one of the most important things that helped me is the CAPA WeChat group, in which there are hundreds of people who are supporting each other. It's like a school, where members hold different sub-groups according to people's hobby. This gives me a sense of belonging.

Do you envision yourself staying involved with CAPA after you graduate, and if so, how?

Maybe after I retire, I will be invited to be a CAPA teacher, who teaches students like our teachers taught us. I hope that in 29 years therapists are still human beings instead of robots.

In what ways has CAPA surprised you?

I was surprised by how respectful teachers can be to the students. It was truly a culture shock. When I grew up, I had a feeling that teachers and students are from different hierarchies. Teachers from CAPA sometimes admit that they do not understand something. How weird and interesting it is.

Please add anything else about yourself that you want the people in CAPA to know about you. You can also use this space to include a description of the image you uploaded.

You can talk to me through the WeChat group whenever you want. I am also in the group of animation, retirement, singing, drawing, psychosis, social media, and jokes.

Graduate Interview

WANG Yuan (Nell)

王媛

WANG Yuan (Nell) 王媛 began CAPA in 2021 (Class N), graduated from the Advanced Program in 2025, and graduated from the Supervision Training Program in 2026.



Where do you live and practice?

Wuhan

Describe your current work and/or type of practice.

Psychological counselor in private practice

Reflecting back, what was your first thought when you heard of CAPA?

I first met Dr. Elise Snyder when she came to Wuhan for a CAPA graduation ceremony. She was so down to earth and approachable, despite all of her professional achievements. Hearing everyone discuss schizophrenia in fluent English amazed me. I felt such admiration and longing, and I knew immediately that I wanted to be part of CAPA.

During your time as a student, describe the most useful thing that CAPA helped you with (career-wise or personally).

Many things come to mind - the variety of teachers, the consistent framework, the heavy reading load, and the talented classmates. Choosing the single most important one is surprisingly difficult. But I think what CAPA did best was weave all these factors together into a net, which formed a base to hold me. Even though I sit alone with my clients session after session, I now feel that there is a solid base behind me - a net that holds me, supporting me from every direction.

Please describe why and how you have (or will) stay connected with CAPA, even after having graduated.

As I mentioned in my previous answer, that base still exists. Even after graduation, under the support of CAPA, former graduates have organized themselves. I joined later as a participant and have received so much help from this community. Beyond receiving support, I also want to give back and contribute to this organization in whatever way I can. I want to contribute so that CAPA can continue to grow sustainably, and that more people - myself included - can continue to benefit from it.

Is there a CAPA member, perhaps a teacher or supervisor, that to this day stands out in your mind to have influenced you, encouraged you or supported you in an unexpected way?

I immediately thought of Dr. Henry Smith. Recently I had a really tough case, and my supervisor and I were both stuck. I contacted him - he was our teacher - and honestly, I didn't think he would remember me. But he responded right away with multiple time slots to choose from. After meeting with him a few times, I knew how to move forward. I was so touched. And it inspired me to want to provide that same level of support to my own clients, students, and supervisees someday.

Please add anything else about yourself that you want the people in CAPA to know about you. You can also use this space to include a description of the image you uploaded.

Earlier this year, I left the psychological hospital and started my own private practice as a psychological counselor. This photo was taken in my office. This past June, I graduated from the Supervision Training. Over these five years with CAPA, I have gradually - almost without realizing it - become more grounded and assured. Here, I received genuine care and respect. I learned empathy, curiosity, and how to engage wholeheartedly - both in work and in play. I feel incredibly fortunate, and I truly hope more people will have the opportunity to join this community.



Congratulations!

Congratulations and welcome to students invited to attend Basic Training, Class S 2026-28!

Basic Training - Class S									
Last Name	First Name	English Name	Name in Chinese	City	Last Name	First Name	English Name	Name in Chinese	City
AHEMAITJIANG	Nigela	Nicole	尼格拉阿合买提江	Beijing	LIU	Qiaorui	Renee	刘巧睿	Shenzhen
BAI	Lu	Lora	白璐	Jinan	LIU	Wenjin	Sienna	刘文晋	Beijing
CHEN	Yan	Yolanda	陈燕	Dali Bai	MENG	Tianjing		孟天婧	Hangzhou
DING	Yunfeng	Christine	丁云凤	Guangzhou	QI	Xinbo		齐薪博	Tianjin
FAN	Zimo	Daisy	范子墨	Beijing	SHENG	Lili	Ella	盛莉莉	Hangzhou
FU	Yingchun	Kaye	付迎春	Zibo	SHENG	Xiaona	Serena	盛小娜	Shanghai
GUO	Xinran	Echo	郭欣然	Taiyuan	TANG	Xinyuan	Clara	唐心远	Shanghai
HE	Chenqi	Ash Ho	何晨琪	Shanghai	WANG	Xiao Fang	Fang	王晓芳	Beijing
HU	Haiyan	Hope	胡海燕	Wenzhou	WANG	Xiaodong	Seldon	王晓东	Chengdu
HUANG	Zexiang	Maggie	黄泽香	Hefei	WANG	Xiaoya	Tanya	王小雅	Xiamen
KONG	Luo	Cola	孔洛	Shanghai	WU	Feifei	Ala	吴妃妃	Huzhou
KUN	Xie	Derek	谢煜	Shanghai	XIAO	Fei	Deny	肖菲	Wuhan
LI	Bingyu	Aurora	李冰玉	Shenzhen	XING	Yu Zhu	May	邢雨竹	Beijing
LI	Huidong	Teresa	李慧东	Beijing	YAO	Li	Jessica	姚力	Shenzhen
LI	Qiki	Kiki	李奇琪	Yueyang City	YI	Xiaoxu	Yvonne	衣晓旭	Qingdao
LI	Qiwen	Janus	李绮雯	Guangzhou	ZENG	Jing	Jenny	曾晶	Leshan
LI	Wanping	Scarlett	李晚平	Xiamen	ZHAN	Wen		詹雯	Chengdu
LIU	Dan	Dan	刘丹	Shanghai	ZHANG	Ying	Beta	张莹	Qingdao
LIU	Hui	Jenny	刘慧	Nanjing	ZHAO	Yitian	Titi	赵依恬	Hangzhou
LIU	Jie	Una	刘婕	Xiamen	ZHOU	Ying	Shirley	周颖	Chengdu

Congratulations and welcome back to students invited to attend Advanced Training, 2026-28!

Advanced Training - Class Q									
Last Name	First Name	English Name	Name in Chinese	City	Last Name	First Name	English Name	Name in Chinese	City
CHEN	Daishan	Cynthia	陈岱珊	Shantou	LIU	Xitong	Carol	刘希童	Shanghai
CHEN	Xinyi		陈歆怡	Xi'an	MA	Zengqiang	James	马增强	Wuhan
CHENG	Zengyan	Zoey	程增艳	Shenzhen	MENG	Shuangshua	Mina	孟爽爽	Shanghai
GENG	Yan		耿岩	Beijing	PENG	Yun	Alicia	彭芸	Shenzhen
HU	Fang Jia	Fang	胡方家	Qing Dao	QIAN	Zishu	Heath	钱祜淑	Beijing
HUANG	Yushan	Marie	黄瑜珊	Zhengzhou	XIANG	Zhaohui	Yuna	向朝晖	Yichang
HUANG	Zhuoyi	Amanda	黄卓毅	Shenzhen	XUN	Mengyu	Kate	荀梦钰	Kunming
JIANG	Yihan	Hazel	蒋依涵	Beijing	YANG	Qingxiao	Cynthia	杨清晓	Beijing
LI	Fang	Frances	李芳	Kunming	YANG	Yue	Briana	杨玥	Chengdu
LI	Lin	Rita	李琳	Shanghai	YUE	Hong	Hannah	岳宏	Beijing
LI	Yushan	Jade	黎昱杉	Chengdu	ZHENG	Juelin	Jolin	郑珏琳	Chengdu
LIU	Haiying	Helena	刘海莹	Beijing	ZHOU	Guobo	Bonnie	周国波	Chengdu
LIU	Tian	Frank	刘天	Chengdu	ZHOU	Fangning	Dora	周芳凝	Beijing
LIU	Tiantian	Tian	刘甜甜	Beijing	ZUO	Jiang	George	左瑾	Ningbo

Congratulations and welcome back to CAPA alumni invited to attend Supervision Training, 2026-27!

Supervision Training				
Last Name	First Name	English Name	Name in Chinese	City
CHEN	Jing	Tracy	陈婧	Suzhou
CHI	Danni		池丹妮	Ningbo
HAN	Lu	Luna	韩璐	Beijing
HOU	Xiangning	Max	侯香凝	Beijing
LI	Qinghua	Sarah	李清华	Xi'an
LIN	Peijian		林培剑	Shenzhen
LIU	Ting	Diane	刘婷	Shandong
QU	Diyang	Gemma	屈笛扬	Xi'an
WANG	Mengzhe	Meta	王梦哲	Jiangsu
WANG	Wei	Wayne	王卫	Xi'an
WONG	YuHong	Jin	王宇鸿	Nanning City
XIONG	Kewei	Nero X	熊珂伟	Beijing
YIN	Xiaofei	Stephanie	尹晓飞	Beijing
YU	Liangming		余良明	Shanghai
ZHANG	Mengyue	April	张梦悦	Beijing

Congratulations to CAPA alumni invited to attend analytic training!

Invitation to Analytic Institutes				
Last Name	First Name	English Name	Name in Chinese	Institute
DING	Yueqing	Gretchen	丁月清	Cleveland Psychoanalytic Center
JIAO	Li	Adele	焦莉	International Psychotherapy Institute
WANG	Wei	Wayne	王卫	New Center for Psychoanalysis
WANG	Wei	Ivy	王薇	International Psychotherapy Institute
XIE	Mengshu	Mimosa	谢梦姝	Contemporary Freudian Society

Congratulations to CAPA alumni who have graduated from analytic training!

Graduation from Analytic Institutes				
Last Name	First Name	English Name	Name in Chinese	Institute
KANG	Jianxi	Kevin	康建玺	Institute of Contemporary Psychoanalysis
LONG	Xiaofeng	Azalea	龙晓凤	Chicago Psychoanalytic Institute
QU	Xiaoli	Lily	瞿丽丽	Chicago Psychoanalytic Institute
YU	Guoyu	Jade	虞国钰	New Center for Psychoanalysis

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For a full list of program and committee participants.....

[CLICK HERE](#)

Interested in what we do?

TEACH

TREAT

SUPERVISE

[CLICK HERE](#) to join CAPA!



2026 Dues & Contributions

[CLICK HERE](#)

We can't thank you enough!