

CAPA ETHICS and CONFIDENTIALITY

ETHICS

General Statement on Ethics: the first responsibility of a therapist is to safeguard the well being of the patient. This is a basic right and expectation of the patient.

All students subscribe to all the principles listed in the Chinese Psychological Society Code of Ethics. In addition, they agree to the following principles:

1. Patients will not be abandoned when the training is completed. All treatments begun during training will be carried to their natural conclusion.
2. All students (who are not themselves psychiatrists) must arrange for psychiatric backup before the need arises and inform their supervisors that they have done so. They must make contact with the psychiatric backup and explain their need a collaborative relationship.

CONFIDENTIALITY

General Statement on Confidentiality: Maintaining confidentiality regarding the patient's communications is not only an essential condition for effective psychodynamic psychotherapy but also a basic right of the patient. The psychotherapist must not reveal the name of any patient, any identifying characteristics, or any information about present or past patient confidences, without the patient's permission. The only exception to this rule is when such discussion takes place in educational, scientific or consultative situations, and even in these situations, special measures are taken (see below).

Supervision: The name and any identifying characteristics of the patient should be kept confidential, even in the supervisory situation.

Consultations: If and when a psychotherapist uses clinical material in consultative situations with colleagues, it is imperative that the identity of the patient be disguised enough to protect the identity of the patient. In the case where the identity of the patient is not disguised, the psychotherapist must obtain the patient's approval and authorization after a truthful discussion with the patient, who has the right to refuse to give consent or to withdraw consent at any time.

Educational Settings: The identity of the patient (name and any identifying characteristics) must be kept confidential. If clinical material is presented, the identity must be well disguised. If the identity cannot be disguised, the patient's consent must be given, and the patient has the right to withdraw consent at any time.

Recordings: Students are **not** permitted to record lectures or classes. **Continuous Case conferences may NOT be recorded.**